



The AVADE® Active Shooter program is designed to increase your awareness, knowledge, skills and actions with regard to surviving an active shooter/extreme incident of violence.

Are YOU prepared for an extreme incident of violence?

The course involves group interaction, discussion, lecture and practice exercises (skills/drills). The AVADE® Active Shooter training is modular based and can be adapted into a variety of scheduling and training dynamics.

- All participants will receive the book “AVADE® Active Shooter Student Guide” and certificate of completion.
- AVADE® Training meets State and Federal requirements for Workplace Violence Prevention.
- AVADE® 4-hr Certification Cost – \$2,297.00 per course.

Introduction

- What is the AVADE® Active Shooter Training?
- Questions to Consider
- What is Workplace Violence?
- Workplace Violence Defined
- The AVADE® Philosophy
- AVADE® Awareness-Preparedness & Response
- Modular Based Training
- Benefits of AVADE® Active Shooter Training

Module One- Active Shooter Awareness

- Awareness Defined
- Questions to Consider
- Active Shooter Defined
- Active Shooters AKA
- Self-Awareness
- Situational Awareness
- Responses to an Active Shooter
- Developing and Increasing Awareness

Module Two- Don't Give Them Any Honor!

- Insane People Keep Killing
- What do they have in common?
- Common Characteristics
- Similarities of Active Shooters
- FBI and Secret Service Studies Analysis

Module Three- What We Know About Active Shooters

- Extreme Violence
- Environmental Awareness
- US Incidents of Active Shooter
- Active Shooter Incident Stats
- Active Shooter Incidents are Increasing
- What we Know about Active Shooters

Module Four- Vigilance for Violence

- Vigilance
- Hypervigilance
- The Five Senses
- The Sixth Sense
- Trust Your Intuition
- Messages of Intuition
- If You See Something, Say Something!

Module Five- Who Commits Violence

- Characteristics of Individuals who Commit Violence
- Terrorism or Workplace Violence
- Don't Be Easy Prey: Don't Be a Victim!
- Motivations of an Active Shooter
- See It, Hear It, Report It
- Predictions of Violence
- The 5 Stages of an Active Shooter

Module Six- YOU Have the Right to Defend Yourself

- Self-Defense
- Types of Assault
- Lawful Use of Defense
- Use Of Force
- Levels of Force & Defense
- Reasonable Force

Module Seven- The Stress Continuum

- The Stress Continuum
- Stress
- Fear
- Fight-Flight-Freeze
- Putting the Brakes on the Fight-Flight-Freeze

Module Eight- Escape-Escape-Escape

- Rules for Surviving an Active Shooter
- Rule #1 Escape!
- Escape Plan
- Questions to Consider
- Environmental Awareness
- 360 View of Environmental Awareness
- Developing Escape Plans

Module Nine- Hide, Call and Barricade

- Rules for Surviving an Active Shooter
- Rule #2 Hide and Cover
- Safe Place
- Questions to Consider
- Rule #3 Call
- 911 and Operators
- Rule #4 Lock Doors
- Questions to Consider
- Rules for Surviving an Active Shooter
- Rule #5 Barricade
- Questions to Consider
- Telephone Safety – Cell Phones

Module Ten- Attack the Attacker

- Rules for Surviving an Active Shooter
- Rule #6 Attack
- Last Resort
- Questions to Consider
- Target Areas to Strike
- Duck and Cover?
- Mental Movies
- The Amazing Mind
- Weapons and Improvised Weapons

Module Eleven- Law Enforcement, Post Incident Response & Documentation

- Law Enforcements Priority
- Police Entry Teams
- Questions to Consider
- Post Incident Response
- Post Incident Documentation
- Elements of Reporting Self-Defense or Force
- Civilian Levels of Defense
- Stop the Bleed (use of tourniquets)

Module Twelve- Honoring the Victims and Heroes

- Victims and Heroes
 - Civilian Interveners
 - Police (on and off duty)
 - EMS/FIRE Personnel
 - Healthcare Personnel
 - Trainers/Teachers
 - State and Federal Organizations
 - YOU, for being willing to act-and help others
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Escape Strategies & Drills

- Rule #1
- Environmental Awareness
- Plan A, B and C
- Know your House!
- Alternate Escape Routes
- Safe Place
- Practice Session

Hide & Cover Strategies & Drills

- Rule #2
- Environmental Awareness
- Plan A, B and C
- Know your House!
- Doors and Door Lock Awareness
- Concealment vs. Cover
- Bullet Penetration
- Practice Session

Alert (911) Strategies & Drills

- Rule #3

- WWWWWH
- Know your Phones
- Practice Session

Barricade Strategies & Drills

- Rule #5
- Environmental Awareness
- Chairs, Tables and More
- Door Swing
- Placement in Room
- Plan to Die or Plan to Live?
- Practice Session

Attack the Attacker Strategies & Drills

- Rule #6 Last Resort!
- Mind Set
- Solo or Team
- Weapons & Improvised Weapons
- High Risk Target Areas
- Incapacitation & Control
- Practice Session

Stop the Bleed Strategies & Drills

- Stop the bleed campaign
- Statistics on hemorrhages
- Saving Lives
- Placement on Limbs
- Documentation Procedures
- Practice Session

AVADE® Active Shooter Student Training Requirements

- AVADE® Active Shooter 4hr Training Course Certification
 - Student must pass the twenty-question written exam with an 80% or better. One re-test allowed. If student fails re-test, course must be taken over again.
 - Student must pass the proficiency skills test with an acceptable rating.
 - Recertification is required every other year. (no time requirement for recert)
- *Yearly training is recommended.

Contact Us Today!

Get started now by requesting a FREE Training Proposal. Call now, Toll Free: 866-773-7763

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