



The AVADE® Home Health Care program is designed to educate, prevent, and mitigate the risk of violence to individuals in home health environments.

In this four-hour (4-hr) safety training, participants will learn how to effectively create, develop, and enhance their personal safety with skills, habits and defensive actions. Participants will learn strategies and techniques to avoid and prevent violence in home health care situations. This course involves interactive exercises which will increase the retention and application of the material taught.

- All participants will receive the book “AVADE® Home Health Care Student Guide” and certificate of completion.
- AVADE® Training meets State and Federal requirements for Workplace Violence Prevention.
- AVADE® 4-hr Certification Cost – \$1,997.00 per course.

Introduction

- What is AVADE® Training?
- What is Workplace Violence?
- Workplace Violence Defined
- The Myth of Workplace Violence
- Crime and Violence in Healthcare
- The AVADE® Principles
- AVADE® Modules and Objectives
- Personal Safety Measures
 - Personal Safety Habits
 - Developing Habits

Awareness

- Awareness
- Risk Factors to Workplace Violence
- General Safety Measures
- Levels of Awareness
- Self-Awareness
- Emotional Awareness
- The Amazing Mind
- Situational Awareness
- Environmental Awareness

- Driving Concerns
- Parking Perspectives
- Unconscious Awareness
- Mental Movies and Impressing the Unconscious Mind
- Higher Awareness
- Developing & Increasing Awareness

Vigilance

- Vigilance
- Hypervigilance
- The Five Senses
- Trust Your Intuition
- Using Your Intuition
- Messages of Intuition
- Developing Intuition
- Stop-Look-Listen
- Home Concerns
- Entering the Home

Avoidance

- Who Commits Violence?
- Characteristics of Individuals who Commit Violence
- Stranger Violence
- What is a Predator
- Predator-Prey & Adaptation
- Predator Characteristics
- Prey Paradigms
- Prey Characteristics
- Hard Target vs. Easy Target
- Confident-Assertive-Defensive Presence
- Guest/Client/Patient Violence
- Lateral Violence
- Lateral Violence Symptoms
- Domestic Violence
- Observable Behavior May Suggest Possible Domestic Victimization
- Protect Yourself from Domestic Violence in the Workplace
- Imminent Threat of Domestic Violence in the Workplace
- Developing Your Avoidance Ability
- Extreme Violence

Interpersonal Communication Skills

- Interpersonal Communication Skills (IPC)
- Interpersonal Communications Involve
- Developing Your Communication Skills
- The Power of Influence
- The I's of Eye Communication
- Body Language
- Postures and Gestures

- Hands (Watch the Hands)
- The “Right” Angle
- Components of the Assault Cycle
- Signs and Symptoms of Stress
- Stress De-Escalation
- Signs and Symptoms of Anger
- Anger De-Escalation
- Signs and Symptoms of Intoxication
- Intoxication De-Escalation
- Signs and Symptoms of Combat
- Strategies to Avoid Physical Harm
- Signals of Submission
- Developing IPC

Defense of Self and Others

- What is Self-Defense
- The Attitude of Self-Defense
- Assault
- Types of Assault
- Lawful Use of Defense
- Reasonable Force
- Reasonable Belief
- Deadly Force
- Excessive Force
- Weapons
- Civilian Levels of Defense
- Post Incident Response
- Post Incident Documentation

Stress Management

- What is Stress
- Types of Stress
- Fear
- Fight-Flight-Freeze
- Putting the Brakes on the Fight-Flight-Freeze
- Managing Your Stress
- Strategies for Managing Your Stress
- Post Incident Stress Debriefing
- Critical Incident Stress Debriefing

Time and Distance

- Time and Distance
- OODA Loop
- Weapons and Time/Distance
- Dangerous Weapons in YOUR Workplace
- The Art-of-Distraction

Escape Planning

- Escape Planning
- Developing Escape Plans
- Own the Door
- Improper Positioning
- Dominant Hand / Proper Positioning
- The “Right” Angle
- Spatial Empathy
- Proper Escorts
- Relationship Escape Plans

Environmental Factors

- Environmental Safety Factors
- Lighting
- Panic Alarms
- Private Places
- Staff Identification
- Parking Lot Safety
- Obstacles Around You
- Telephone Safety

Emergency Codes & Procedures

- Active Shooter
- Surviving an Active Shooter
- Personal Codes for Alerting Others

Contact Us Today!

Get started now by requesting a FREE Training Proposal. Call now, Toll Free: 866-773-7763