



# PEPPER SPRAY DEFENSE

I 1-DAY COURSE OUTLINE I

Education, Prevention, and Mitigation for Violence in the Workplace

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The AVADE® Pepper Spray Defense™ Training program is designed to empower officers, increase awareness, knowledge, and skills in use-offorce, self-defense, and defense of others with pepper spray defense tactics and techniques.

#### ARE YOU PREPARED TO CONTROL AN ESCALATED SITUATION?

In this 1-day (8-hour) **AVADE® Pepper Spray Defense™** course, participants will learn how to effectively and safely use pepper spray skills while using defensive tactics strategies and techniques.

This course involves group interaction, discussion, lecture, and practice exercises (skills/drills). The **AVADE® Pepper Spray Defense™** Training is modular-based and can be adapted into a variety of scheduling and training dynamics.

- All Participants Will Receive the AVADE® Pepper Spray Defense™ Student Guide and Certificate
  of Completion.
- AVADE® Pepper Spray Defense™ Training is Nationally Recognized and Court Defensible.
- AVADE® Pepper Spray Defense™ Training 1-Day Certification Cost \$2,997.00 per course.
   (For Up to 20 Participants)

#### Introduction

- Introduction to AVADE® Pepper Spray Defense™ Training
- The First Rule of Training = Safety
- Modular-Based Training
- Modules & Objectives



# Module One - What is Pepper Spray?

- Oleoresin
- Capsicum
- Capsaicin
- Concentration/Percentage of OC
- SHU's
- HPLC
- Physiological Symptoms
- Psychological Symptoms

## Module Two - Use of Force & Self-Defense

- · Awareness of Liability Risks
- Agency Policies & Procedures
- What is Self-Defense?
- Lawful Use of Force & Self-Defense
- Levels of Force Continuum
- Subjects Actions | Officer's Actions
- Subject & Officers Factors
- Increasing the Level of Force



## Module Three - Defensive Tactics Fundamentals

- Fundamentals
- The Bladed Stance
- Defensive Movements
- Core Energy Principle
- Defensive Verbalization
- The Art of Distraction
- Escape Strategies
- · Reactionary Gap
- Spraying Distances

## Module Four - OC Holding & Drawing Positions

- High Ready Position
- Low Ready Position
- Proper Holding Positions for OC Sprays
- Strong Side Draw
- Support Side Draw

## Module Five - Personal Defense Techniques

- Block & Spray
- Block, Draw, & Spray



## Module Six - Contact & Cover Team Positioning

- Contact & Cover
- Standing Position (Contact & Cover)
- Kneeling Position (Contact & Cover)
- Prone Position (Contact & Cover)

# Module Seven - Spraying Techniques

- How to Use OC Pepper Spray
- Types of Delivery Systems
- Fogger Sprays
- Cone Sprays
- Gel Sprays
- Stream Sprays
- Foam Sprays
- OC Spraying Techniques
- OC Pepper Warnings & Tips

## Module Eight - Escape Techniques

- Escape From Standing Position
- Escape From Kneeling Position
- Escape From Prone Position
- Ground Defense
- Tactical OC Spray Considerations
- Examining Common OC Deployment Errors



#### Module Nine - Post-Decon Procedures

- Post OC Spray Considerations
- OC Decon Procedures
- Baby Shampoo & Water
- Neutralizing Agents

## Module Ten - Post-Incident Response & Documentation

- Post-Incident Response
- Post-Incident Documentation
- Elements of Reporting Force

## ► AVADE® Pepper Spray Defense™ Student Training Requirements

- AVADE® Pepper Spray Defense™ 1-Day Training Course Certification.
- Student Must Pass the Twenty Five Question Written Exam With an 80% or Better.
- One Retest is Allowed. If Student Fails Re-Test, Course Must Be Taken Over Again.
- Student Must Pass the Proficiency Skills Test With an Acceptable Rating
- Recertification for Healthcare is Required Annually.
- Recertification for Corporate Required Every Other Year. (No Time Requirement for Recert)
   \*Yearly Training is Recommended.
- Recertification Qualification = Pass Written Test & Skills Test Again.