

# AVADE<sup>®</sup>

WORKPLACE VIOLENCE PREVENTION



## PEPPER SPRAY DEFENSE<sup>™</sup>

| 4-HOUR COURSE OUTLINE |

**Education, Prevention, and Mitigation** for *Violence in the Workplace*

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The **AVADE**<sup>®</sup> **Pepper Spray Defense**<sup>™</sup> Training program is designed to **empower officers, increase awareness, knowledge, and skills** in use-of-force, self-defense, and defense of others with pepper spray defense tactics and techniques.

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## ARE YOU PREPARED TO CONTROL AN ESCALATED SITUATION?

In this 4-hour **AVADE**<sup>®</sup> **Pepper Spray Defense**<sup>™</sup> course, participants will learn how to effectively and safely use pepper spray skills while using defensive tactics strategies and techniques.

This course involves group interaction, discussion, lecture, and practice exercises (skills/drills). The **AVADE**<sup>®</sup> **Pepper Spray Defense**<sup>™</sup> Training is modular-based and can be adapted into a variety of scheduling and training dynamics.

- All Participants Will Receive the **AVADE**<sup>®</sup> **Pepper Spray Defense**<sup>™</sup> Student Guide and Certificate of Completion.
- **AVADE**<sup>®</sup> **Pepper Spray Defense**<sup>™</sup> Training is Nationally Recognized and Court Defensible.
- **AVADE**<sup>®</sup> **Pepper Spray Defense**<sup>™</sup> Training 4-Hour Certification Cost – \$1,997.00 per course. (For Up to 20 Participants)

### ➤ Introduction

- Introduction to **AVADE**<sup>®</sup> **Pepper Spray Defense**<sup>™</sup> Training
- The First Rule of Training = Safety
- Modular-Based Training
- Modules & Objectives

## ▶ **Module One - What is Pepper Spray?**

- Oleoresin
- Capsicum
- Capsaicin
- Concentration/Percentage of OC
- SHU's
- HPLC
- Physiological Symptoms
- Psychological Symptoms

## ▶ **Module Two - Use of Force & Self-Defense**

- Awareness of Liability Risks
- Agency Policies & Procedures
- What is Self-Defense?
- Lawful Use of Force & Self-Defense
- Levels of Force Continuum
- Subjects Actions | Officer's Actions
- Subject & Officers Factors
- Increasing the Level of Force

## ▶ **Module Three - Defensive Tactics Fundamentals**

- Fundamentals
- The Bladed Stance
- Defensive Movements
- Core Energy Principle
- Defensive Verbalization
- The Art of Distraction
- Escape Strategies
- Reactionary Gap
- Spraying Distances

## ▶ **Module Four - OC Holding & Drawing Positions**

- High Ready Position
- Low Ready Position
- Proper Holding Positions for OC Sprays
- Strong Side Draw
- Support Side Draw

## ▶ **Module Five - Personal Defense Techniques**

- Block & Spray
- Block, Draw, & Spray

## ▶ **Module Six - Contact & Cover Team Positioning**

- Contact & Cover
- Standing Position (Contact & Cover)
- Kneeling Position (Contact & Cover)
- Prone Position (Contact & Cover)

## ▶ **Module Seven - Spraying Techniques**

- How to Use OC Pepper Spray
- Types of Delivery Systems
- Fogger Sprays
- Cone Sprays
- Gel Sprays
- Stream Sprays
- Foam Sprays
- OC Spraying Techniques
- OC Pepper Warnings & Tips

## ▶ **Module Eight - Escape Techniques**

- Escape From Standing Position
- Escape From Kneeling Position
- Escape From Prone Position
- Ground Defense
- Tactical OC Spray Considerations
- Examining Common OC Deployment Errors

## ▶ **Module Nine - Post-Decon Procedures**

- Post OC Spray Considerations
- OC Decon Procedures
- Baby Shampoo & Water
- Neutralizing Agents

## ▶ **Module Ten - Post-Incident Response & Documentation**

- Post-Incident Response
- Post-Incident Documentation
- Elements of Reporting Force

## ▶ **AVADE<sup>®</sup> Pepper Spray Defense<sup>™</sup> Student Training Requirements**

- **AVADE<sup>®</sup> Pepper Spray Defense<sup>™</sup> 4-Hour Training Course Certification.**
- Student Must Pass the Twenty Five Question Written Exam With an 80% or Better.
- One Retest is Allowed. If Student Fails Re-Test, Course Must Be Taken Over Again.
- Student Must Pass the Proficiency Skills Test With an Acceptable Rating
- Recertification for Healthcare is Required Annually.
- Recertification for Corporate Required Every Other Year. (No Time Requirement for Recert)  
*\*Yearly Training is Recommended.*
- Recertification Qualification = Pass Written Test & Skills Test Again.