

# AVADE<sup>®</sup>

WORKPLACE VIOLENCE PREVENTION



## PEPPER SPRAY DEFENSE<sup>™</sup>

| INSTRUCTOR COURSE OUTLINE |

**Education, Prevention, and Mitigation** for Violence in the Workplace

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The **AVADE**<sup>®</sup> **Pepper Spray Defense**<sup>™</sup> Training program is designed to **empower officers, increase awareness, knowledge, and skills** in use-of-force, self-defense, and defense of others with pepper spray defense tactics and techniques.

This instructor course involves exercises, group interaction, discussion, lecture, and hands-on training. **AVADE**<sup>®</sup> **Pepper Spray Defense**<sup>™</sup> Training is modular-based and can be adapted into a variety of scheduling and training dynamics.

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## **AVADE**<sup>®</sup> **PEPPER SPRAY DEFENSE**<sup>™</sup> **INSTRUCTOR CERTIFICATION COURSE**

Upon successful completion of the 1-Day (8-Hour) **AVADE**<sup>®</sup> **Pepper Spray Defense**<sup>™</sup> Training program, Instructors will receive the following:

- **AVADE**<sup>®</sup> **Pepper Spray Defense**<sup>™</sup> 3-Year In-House Instructor Certification

Authorization to train and certify staff in the:

- **AVADE**<sup>®</sup> **Pepper Spray Defense**<sup>™</sup> 4-Hour Certification Course
- **AVADE**<sup>®</sup> **Pepper Spray Defense**<sup>™</sup> 1-Day Certification Course
- **AVADE**<sup>®</sup> **Pepper Spray Defense**<sup>™</sup> Recertification Course
- **AVADE**<sup>®</sup> **Pepper Spray Defense**<sup>™</sup> Modular-Based Training

The **AVADE**<sup>®</sup> **Pepper Spray Defense**<sup>™</sup> Instructor package includes:

- Access to the **AVADE**<sup>®</sup> **Pepper Spray Defense**<sup>™</sup> Instructor Portal
- **AVADE**<sup>®</sup> **Pepper Spray Defense**<sup>™</sup> Instructor Manual
- **AVADE**<sup>®</sup> **Pepper Spray Defense**<sup>™</sup> Student Handouts and Training Forms
- Be Safe Not Sorry - The Art and Science of Keeping YOU and Your Family Safe From Crime and Violence
- Maintenance of Training Records
- Continual Support From **AVADE**<sup>®</sup> | Personal Safety Training Inc.

## ➤ Introduction

- Introduction to **AVADE<sup>®</sup> Pepper Spray Defense<sup>™</sup>** Training
- The First Rule of Training = Safety
- Modular-Based Training
- Modules & Objectives

## ➤ Module One - What is Pepper Spray?

- Oleoresin
- Capsicum
- Capsaicin
- Concentration/Percentage of OC
- SHU's
- HPLC
- Physiological Symptoms
- Psychological Symptoms

## ➤ Module Two - Use of Force & Self-Defense

- Awareness of Liability Risks
- Agency Policies & Procedures
- What is Self-Defense?
- Lawful Use of Force & Self-Defense
- Levels of Force Continuum
- Subjects Actions | Officer's Actions
- Subject & Officers Factors
- Increasing the Level of Force

## ▶ **Module Three - Defensive Tactics Fundamentals**

- Fundamentals
- The Bladed Stance
- Defensive Movements
- Core Energy Principle
- Defensive Verbalization
- The Art of Distraction
- Escape Strategies
- Reactionary Gap
- Spraying Distances

## ▶ **Module Four - OC Holding & Drawing Positions**

- High Ready Position
- Low Ready Position
- Proper Holding Positions for OC Sprays
- Strong Side Draw
- Support Side Draw

## ▶ **Module Five - Personal Defense Techniques**

- Block & Spray
- Block, Draw, & Spray

## ▶ **Module Six - Contact & Cover Team Positioning**

- Contact & Cover
- Standing Position (Contact & Cover)
- Kneeling Position (Contact & Cover)
- Prone Position (Contact & Cover)

## ▶ **Module Seven - Spraying Techniques**

- How to Use OC Pepper Spray
- Types of Delivery Systems
- Fogger Sprays
- Cone Sprays
- Gel Sprays
- Stream Sprays
- Foam Sprays
- OC Spraying Techniques
- OC Pepper Warnings & Tips

## ▶ **Module Eight - Escape Techniques**

- Escape From Standing Position
- Escape From Kneeling Position
- Escape From Prone Position
- Ground Defense
- Tactical OC Spray Considerations
- Examining Common OC Deployment Errors

## ▶ **Module Nine - Post-Decon Procedures**

- Post OC Spray Considerations
- OC Decon Procedures
- Baby Shampoo & Water
- Neutralizing Agents

## ▶ **Module Ten - Post-Incident Response & Documentation**

- Post-Incident Response
- Post-Incident Documentation
- Elements of Reporting Force

## ▶ **AVADE<sup>®</sup> Pepper Spray Defense<sup>™</sup> Instructor Training Requirements**

- Once Certified, the Instructor Shall Provide Training in the **AVADE<sup>®</sup> Pepper Spray Defense<sup>™</sup>** Training Program to Individuals in YOUR Agency Only.
- Each Person Trained by The Certified **AVADE<sup>®</sup> Pepper Spray Defense<sup>™</sup>** Instructor Must Receive an **AVADE<sup>®</sup> Pepper Spray Defense<sup>™</sup>** Student Guide for Initial Certification and Every Two Years Thereafter. The **AVADE<sup>®</sup> Pepper Spray Defense<sup>™</sup>** Instructor is Responsible for Purchasing the Student Guides From Personal Safety Training Inc. *\*Copying of the Guides is Strictly Prohibited by Copyright Laws.*
- Instructor Must Pass the Thirty Five Question Written Exam with an 85% or Better.
- Instructor Must Pass a Trainers Presentation With an Acceptable Rating.
- Instructor Must Pass a Proficiency Skills Test With an Acceptable Rating.
- Instructor Must Adhere to All Requirements and Guidelines Set Forth in this Instructors Manual.
- Recertification as an Instructor is Required Every Three Years.