



The AVADE® Workplace Violence Prevention training is designed to educate, prevent, and mitigate the risk of violence to individuals in the workplace.

In this one day certification combo (8 hr) Defensive Control Tactics, participants will learn how to effectively create, develop, and enhance their personal safety with skills, habits, and actions. Participants will learn strategies and techniques to avoid and prevent violence in the workplace. This course involves interactive exercises which will increase the retention and application of the material.

- All participants will receive the book "**AVADE® Advanced Student Guide**" and certificate of completion.
- **AVADE® Training** meets State and Federal requirements for Workplace Violence Prevention.
- **AVADE® 8hr Certification Cost – \$2,997.00** per course.

▶ **Introduction**

- What is **AVADE®** Training?
- What is Workplace Violence?
- Workplace Violence Defined
- The Myth of Workplace Violence
- Crime and Violence in the Workplace
- The **AVADE®** Principles
- **AVADE®** Modules and Objectives

▶ **Awareness**

- Awareness
- Worker Risk Factors to WPV
- Levels of Awareness
- Self-Awareness
- Emotional Awareness
- Situational Awareness

- Environmental Awareness
- Mental Movies & Impressing the Unconscious Mind
- The Amazing Mind
- Developing & Increasing Awareness

▶ **Vigilance**

- Vigilance
- Hypervigilance
- The Five Senses
- Trust Your Intuition
- Using Your Intuition
- Messages of Intuition
- Developing Intuition

▶ **Avoidance**

- Who Commits Violence?
- Characteristics of Individuals Who Commit Violence
- Stranger Violence
- What is a Predator
- Predator-Prey & Adaptation
- Predator Characteristics
- Prey Paradigm
- Prey Characteristics
- Hard Target vs. Easy Target
- Guest/Client/Patient Violence
- Lateral Violence
- Domestic Violence

▶ **Interpersonal Communication Skills**

- Interpersonal Communication Skills (IPC)
- Interpersonal Communication Involves
- Developing Your Communication Skills
- The Power of Influence
- The Three I's of Eye Communication
- Body Language
- Postures & Gestures
- Hands (Watch the Hands)

- The “Right” Angle
- Components of the Assault Cycle
- Signs & Symptoms of Stress
- Stress De-Escalation
- Signs & Symptoms of Anger
- Anger De-Escalation
- Signs & Symptoms of Intoxication
- Intoxication De-Escalation
- Signs & Symptoms of Combat
- Strategies to Avoid Physical Harm
- Signs & Symptoms of Submission

▶ **Defense of Self & Others**

- What is Self-Defense
- The Attitude of Self-Defense
- Post Incident Response
- Post Incident Documentation

▶ **Stress Management**

- What is Stress
- Types of Stress
- Fear
- Fight-Flight-Freeze
- Putting the Brakes on the Fight-Flight-Freeze

▶ **Time & Distance**

- Time or Distance
- OODA Loop
- Weapons & Time/Distance
- Dangerous Weapons in **YOUR** Workplace

▶ **Escape Planning**

- Escape Planning
- Improper Positioning
- Own the Door

▶ **Emergency Codes & Procedures**

- Active Shooter
- Surviving an Active Shooter

Second Half of the Training Course Defensive Control Tactics & Techniques

▶ **Safety Rules**

- Use of Force Awareness

▶ **Fundamentals of Defensive Tactics**

- Stance-Balance-Stability
- Defensive Movements
- Core Energy Principle
- Defensive Verbalization
- Distraction Techniques
- Escape Strategies
- Reactionary Gap
- Hand Positions

▶ **Contact & Cover Positioning**

- Initial Contact
- Proper Hand Positions
- 1 Person & 2 Person
- Contact Cover Strategy
- Contact & Cover with Initial Contact

▶ **Escort Strategies & Techniques**

- ABC's of the Escort
- Escort (1 Person & 2 Person)
- Hands-On Escort (1 Person & 2 Person)
- Contact & Cover with Initial Contact

▶ **Control & Decentralization Techniques**

- One Arm Take-Down
- Prone Control Positioning (Kneeling & Standing)
- Standing the Prone Subject
- Positional Asphyxia
- Rear Arm Control

▶ **Healthcare Restraint Application**

- Proper Positioning
- 1pt Restraint Application
- 2pt Restraint Application
- 4pt Restraint Application

▶ **Elements of Reporting Force**

- Post Incident Response
- Post Incident Documentation

Contact Us Today!

Get started now by requesting a **FREE** Training Proposal. Call now, Toll Free: **866-773-7763**