



Education, Prevention, and Mitigation for *Violence in the Workplace*

The **AVADE® Workplace Violence Prevention** training is designed to **educate, prevent, and mitigate** the risk of *violence to individuals in the workplace*.

IN THIS TWO HOUR (2 HR) INTRODUCTORY COURSE, PARTICIPANTS WILL LEARN HOW TO effectively *create, develop, and enhance* their personal safety with skills, habits and actions. Participants will learn strategies and techniques to avoid and prevent violence in the workplace. This course involves interactive exercises which will increase the retention and application of the material.

- All participants will receive the book “**AVADE® Basic Student Guide**” and certificate of completion.
- **AVADE®** Training meets **State and Federal requirements** for *Workplace Violence Prevention*.
- **AVADE®** 2hr Certification Cost – **\$1,697.00 per course**.

➤ Introduction

- What is **AVADE®** Training?
- What is **Workplace Violence**?
- Workplace Violence **Defined**
- The **Myth** of Workplace Violence
- **Crime and Violence** in the Workplace
- The **AVADE®** Principles
- **AVADE®** Modules and Objectives

➤ Awareness

- **Awareness**
- Worker **Risk Factors** to WPV
- **Self-Awareness**
- **Situational** Awareness
- **Mental Movies** & Impressing the **Unconscious Mind**

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› Vigilance

- **Vigilance**
- **Hypervigilance**
- **The Five Senses**
- **Trust** Your Intuition
- **Using** Your Intuition
- **Messages** of Intuition

› Avoidance

- **Who Commits Violence?**
- **Characteristics** of Individuals **Who Commit Violence**
- **Stranger** Violence
- What is a **Predator?**
- **Predator-Prey** & Adaptation
- **Predator Characteristics**
- **Hard** Target vs. **Easy** Target
- **Guest/Client** Violence
- **Lateral** Violence
- **Domestic** Violence

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› Interpersonal Communication Skills

- Interpersonal **Communication Skills** (IPC)
- **Developing** Your Communication Skills
- The “**Right**” Angle
- Components of the **Assault Cycle**
- Signs & Symptoms of **Stress**
- Stress **De-Escalation**
- Signs & Symptoms of **Anger**
- Anger **De-Escalation**
- Signs & Symptoms of **Intoxication**
- Intoxication **De-Escalation**
- Signs & Symptoms of **Combat**
- Strategies to **Avoid Physical Harm**
- Signs & Symptoms of **Submission**

› Defense of Self & Others

- What is **Self-Defense**?
- The **Attitude** of Self-Defense
- Post Incident **Response**
- Post Incident **Documentation**

› Stress Management

- What is **Stress**?
- **Types** of Stress
- **Fear**
- **Fight-Flight-Freeze**
- Putting the **Brakes** on the **Fight-Flight-Freeze**

[Continued]

› Time & Distance

- **Time or Distance** = *Safety*
- **Weapons** & Time/Distance
- **Dangerous Weapons** in **YOUR** Workplace

› Escape Planning

- **Escape** Planning
- **Own** the Door

› Emergency Codes & Procedures

- **Active Shooter**
- **Surviving** an Active Shooter



CONTACT US TODAY!

Get started by requesting a **FREE** Training Proposal.

Call now, Toll Free: **866.773.7763**