

# AVADE<sup>®</sup>

WORKPLACE VIOLENCE PREVENTION



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| 2-HOUR COURSE OUTLINE |

**Education, Prevention, and Mitigation** for *Violence in the Workplace*

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The **AVADE® Workplace Violence Prevention** Training program is designed to **educate, prevent, and mitigate** the risk of *violence in the workplace*.

In this 2-hour **AVADE® WPV Prevention** course, participants will learn how to effectively create, develop, and enhance their personal safety with skills, habits, and actions. Participants will learn strategies and techniques to avoid and prevent violence in the workplace.

This course involves group interaction, discussion, lecture, and practice exercises (skills/drills). The **AVADE® WPV Prevention** Training is modular-based and can be adapted into a variety of scheduling and training dynamics.

- All Participants Will Receive the **AVADE® WPV Prevention** Basic Student Guide and Certificate of Completion.
- **AVADE® WPV Prevention** Training is Nationally Recognized and Court Defensible
- **AVADE® WPV Prevention** Training 2-Hour Certification Cost – \$1,697.00 per course.  
(For Up to 20 Participants)

## › Introduction

- What is **AVADE®** Training?
- What is Workplace Violence?
- Workplace Violence Defined
- The Myth of Workplace Violence
- Crime & Violence in the Workplace
- The **AVADE®** Principles
- **AVADE®** Modules & Objectives

## ➤ Awareness

- Awareness
- Worker Risk Factors to WPV
- Self-Awareness
- Situational Awareness
- Mental Movies & Impressing the Unconscious Mind

## ➤ Vigilance

- Vigilance
- Hypervigilance
- The Five Senses
- Trust Your Intuition
- Using Your Intuition
- Messages of Intuition

## ➤ Avoidance

- Who Commits Violence?
- Characteristics of Individuals Who Commit Violence
- Stranger Violence
- What is a Predator?
- Predator-Prey & Adaptation
- Predator Characteristics
- Hard Target vs. Easy Target
- Guest | Client Violence
- Lateral Violence
- Domestic Violence

## › Interpersonal Communication Skills

- Interpersonal Communication Skills
- Developing Your Communication Skills
- The “Right” Angle
- Components of the Assault Cycle
- Signs & Symptoms of Stress
- Stress De-Escalation
- Signs & Symptoms of Anger
- Anger De-Escalation
- Signs & Symptoms of Intoxication
- Intoxication De-Escalation
- Signs & Symptoms of Combat
- Strategies to Avoid Physical Harm
- Signs & Symptoms of Submission

## › Defense of Self & Others

- What is Self-Defense?
- The Attitude of Self-Defense
- Post-Incident Response
- Post-Incident Documentation

## › Stress Management

- What is Stress?
- Types of Stress
- Fear
- Fight | Flight | Freeze
- Putting the Brakes on the Fight | Flight | Freeze

## › Time & Distance

- Time or Distance = Safety
- Weapons & Time | Distance
- Dangerous Weapons in YOUR Workplace

## › Escape Planning

- Escape Planning
- Own the Door

## › Emergency Codes & Procedures

- Active Shooter
- Surviving an Active Shooter

## › AVADE<sup>®</sup> WPV Prevention Student Training Requirements

- **AVADE<sup>®</sup> WPV Prevention** 2-Hour Training Course Certification.
- Student Must Pass the Ten Question Written Exam With an 70% or Better.
- One Retest is Allowed. If Student Fails Re-Test, Course Must Be Taken Over Again.
- Recertification for Healthcare is Required Annually.
- Recertification for Corporate Required Every Other Year. (No Time Requirement for Recert)  
*\*Yearly Training is Recommended.*
- Recertification Qualification = Pass Written Test Again.